

Call for Improved Medicare for All

Suggested order of priority: After you use this month's suggestions to personalize your printable, pre-addressed letter and send it in the U.S. Mail to your U.S. Representative and send a copy to President Obama, consider making phone calls as a third action.

Schedule: Since thousands may want to make calls, please follow this schedule.

Call on or near the following day of the month according to the first letter of your last name. Avoid weekends, evenings and holidays.

If your last name starts with A, then have a "target" of calling on 1st day of the month. Here are the remaining "targets":
B - 2nd, C - 3rd, D - 4th, E - 5th, F - 6th, G - 7th, H - 8th, I - 9th,
J - 10th, K - 11th, L - 12th, M - 13th, N - 14th, O - 15th, P-Q 16th,
R - 17th, S - 18th, T - 19th, U - 20th, V - 21st, W - 22nd, X-Y-Z 23rd

1. **Know the name of your U.S. Representative:** get it from www.house.gov or ask for their name when you make the call.
2. **Call the U.S. Capitol on or near your day of the month.**
9 a.m. to 5 p.m. EST is best, Monday through Friday:
Toll-Free: 888-797-8717, 877-851-6437, or 866-338-1015
Toll Call: 202-224-3121 or 202-225-3121
To the operator: state the name of the person you are calling.
3. **To the staff person** who answers the phone, state your intention:
"I would like to give input on an issue." That alerts them to your purpose.
4. **Give your input** ... whether you are connected to voice-mail or are still speaking to the staff person directly. [The ... below represent very short pause to help ensure that the staff person hears and understands your input.]

**"Please support and actively promote ...
Improved Medicare for All ... via single-payer health care."**

5. **Pause after you have given your input** to allow time for the staff member to acknowledge your input and note that another person (you!) called. If the staff person states that they already support Improved Medicare for All or single-payer, say this: "Okay, thank-you. I am calling to help ensure that it is heavily promoted to have the support of a large majority in Congress."
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Voice-Mail: When you need to leave your message on voice-mail: simply state your input, as seen in the box above. It would be best to also give your name, city and state.

To call President Obama, your Senators, & more: www.medicareforall.org/pages/Current_Targets

A "**Do-Not-Call List**" is maintained for members of the U.S. Congress who have demonstrated a maximum, unquestionable, level of support for single-payer. www.medicareforall.org/pages/Do-Not-Call